

Experiences of Prior Registrants

The following quotations come from course evaluations:

“Presented clearly. Lots of lab time and practice.
Good feedback by instructors.”

“Lots of feedback and practice time,
great feedback from instructors.”

“The course seems applicable to so many patients
and once learned it’s not hard on your body to do.
It’s effective right away.”

“Immediately applicable. Immediate results.”

“Very complete, hands on, easy to apply to any patient.”

“The individual attention was great. I have a
hard time thinking outside of the box.
This is good practice. I am looking forward to
incorporating it into my treatments.”

“Info pertinent and easily applied in clinic tomorrow.
Lots of feedback from instructor. Loved the small group!”

“Good pace of class with enough time to practice
and treat each other. Easy to learn techniques that
can be utilized in the clinic.”

“Good content. Great enthusiasm by instructors,
plenty of lab time (didn’t feel rushed).”

“Hopefully I will help those people that no one
knows what to do with.”

“The teacher and assistants were outstanding and their
enthusiasm for the subject matter was contagious.”

Fee

The fee covers individualized and group instruction, an illustrated manual and continuing support (please see below). The fee is \$395 when registration is done and paid in full 4 weeks prior to the course date, and is \$425 after that. Please note that the deadline for registration is 2 weeks before the course begins.

Cancellation and Refund Policy

A full refund will be given to a participant who must cancel up to 2 weeks prior to the start of a course. The cancellation request must be received in writing. Refunds and transfers minus the \$50 deposit are given up to 4 business days prior to the start of the course. No refunds will be given within the 3 days prior to the course. BioSynchronistics® Institute reserves the right to cancel any course and is not responsible for any charges incurred by the registrant due to cancellation, other than the whole or partial refund, as applicable, of the course tuition.

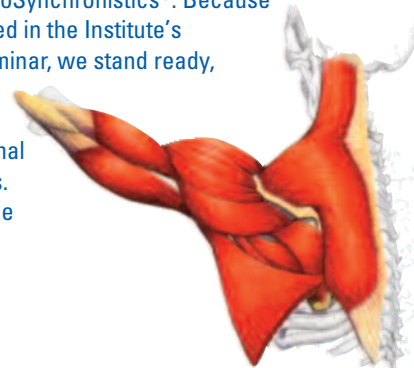
Evaluation

At the conclusion of this course you will be asked to furnish your evaluation of the course content, the condition and surroundings in which the course was conducted and the quality of the instruction. In addition, you will be invited to describe the extent to which your interaction with the other participants enriched your learning experience.

Your evaluation, which will be held in strict confidence, will be used as a part of the Institute’s continuing quality improvement program.

Continuing Support

Over time, you may find it helpful to discuss with us particulars of BioSynchronistics®. Because you have enrolled in the Institute’s introductory seminar, we stand ready, from now on, to speak with you on an informal consulting basis. Contact us as the need arises.



Course Outline

Day 1

Morning

8:30 – 9:00 Registration
9:00 – 9:30 Introduction to BioSynchronistics®
9:30 – 10:15 Review of Clinical Kinesiology
(gravity and function)
10:15 – 10:30 Break
10:30 – Noon Postural Alignment (lab)

Afternoon

Noon – 1:00 Lunch on own
1:00 – 2:30 Fascial Inversions
2:30 – 3:15 Lab
3:15 – 3:30 Break
3:30 – 4:30 Elongation techniques for spine and extremities
4:30 – 5:00 Questions and Answers
Evening free for networking and individual pursuits

Day 2

Morning

8:00 – 9:15 Systems Analysis
9:15 – 11:30 Lab
11:30 – 12:30 Lunch on own

Afternoon

12:30 – 1:30 Determination of Restriction vs. Stability
1:30 – 2:15 Sequential Treatment Factors
2:15 – 2:30 Break
2:30 – 4:00 Integrating the components learned (lab)

Please bring comfortable clothing such as shorts and a T-shirt or tank top for the lab sessions.

Quality Physical Therapy, Inc.™
BioSynchronistics®
PHYSICS FOR HEALTH.®

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BEGINNING COURSE

Introduction to BioSynchronistics® I

Prerequisite to the course
BioSynchronistics® I

learn

Introduction to BioSynchronistics®

The BioSynchronistics® Institute sequence of courses begins with Introduction to BioSynchronistics®. The training this course offers is a prerequisite to the course BioSynchronistics® I.

Upcoming Course Dates:

This course is designed to:

- Demonstrate how musculoskeletal and visceral dysfunctions in the body can be viewed from a new integrative biomechanical perspective.
- Identify a starting point for treatment.
- Use BioSynchronistics® techniques to initiate a healing response and system balancing for a variety of dysfunctions.
- Provide clinical examples of application.

Individualized Attention

This introduction to BioSynchronistics® is limited to 30 practitioners, which assures individual attention and the teaching of the BioSynchronistics® principles and techniques in ways practitioners will find most useful in their respective health care fields.

Qualified Clinical Disciplines

Physical therapists, medical doctors, osteopathic physicians, doctors of chiropractic, physical therapy assistants, occupational therapists, occupational therapy assistants, licensed acupuncturists, massage therapists, registered nurses, licensed practical nurses and nurse assistants having at least two years of practice in their clinical discipline qualify for admission to BioSynchronistics® Institute. Practitioners in other health care fields, certainly including dentistry, will similarly find that the Institute's training can enable them to treat their patients more comprehensively.

Rationale for the Institute

Secondary to the clinical evidence of the success of BioSynchronistics®/ Quality Physical TherapySM and the interest expressed by our peers, we are making available the principles and techniques known as BioSynchronistics®. BioSynchronistics® is a commonsense holistic approach needed for today's fast-paced and insurance-driven world, which nevertheless fits our own practice's mission statement to provide the highest quality of care. It is a way to use manual therapy in a total-body approach based on innovative biomechanical principles of gravitational containment. The Institute's courses enable the practitioner to use safe and consistently effective techniques in approaching old problems in new ways.

Your patients may appreciate a plain language description of the BioSynchronistics® treatment modality. We recommend this description:

BioSynchronistics® is a therapeutic method in which gentle hands-on pressure is applied knowledgeably in a scientifically coordinated way to bring your body into balance. Your body 'remembers' everything significant that happens to it. And your body has an inherent ability to heal itself. BioSynchronistics®, which uses physics for healthy results, helps your body to move in the right direction.

About the Faculty

Cheryl Wilbur PT graduated from Northeastern University with a BS in Physical Therapy. She has co-owned and operated Quality Physical TherapySM, Inc., a private practice PT clinic located in Sturbridge, Massachusetts, since 1987. BioSynchronistics® is a division of Quality Physical TherapySM. She has been practicing physical therapy for more than 20 years and has studied in numerous advanced manual therapy courses. Her combination of experience, education and expertise has led her to the development of a sequential and innovative approach known as BioSynchronistics®.

Carol Tschirpke PT graduated from Florida International University with BS in Physical Therapy in 1984. She has co-owned and operated BioSynchronistics®/Quality Physical TherapySM since 1987, working with and learning from Cheryl Wilbur.

Senior lab assistants provide in-depth, one-on-one support in this session, which is limited to 30 participants.

Your Expectations

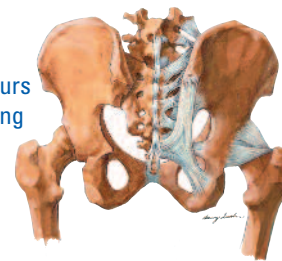
You may expect to gain both theoretical and practical understandings of the BioSynchronistics® concepts and how to use these techniques in immediate clinical applications for a variety of diagnoses.

You will also acquire enhanced palpatory and observational skills while you view common dysfunctions from a fresh perspective.

It is likely that you will consider your change in perception of biomechanical problems as the most important outcome of your Institute experience because you will find yourself building upon your current knowledge by adding new kinesthetic insights.

CEU Credit

You will earn a Certificate of Attendance for 14 contact hours that you may use for Continuing Education Unit verification and credit.



INTRODUCTION TO BIOSYNCHRONISTICS® COURSE REGISTRATION

Name _____

Address _____

City _____

State _____ Zip _____

Home Phone _____

Business Phone _____

Email _____

Medical Discipline _____

Which professional designation initials should appear on your certificate _____

Years in field _____

Practice Setting

Private Practice Home Care Hospital Other

I would like to receive, free of charge and by email, information on upcoming courses

How did you hear about this course? _____

Do you know anyone else who would be interested in this course?

If so, name _____

What are your long term career interests in this course?

Payment method (payment is due in full at time of registration)

Check
Credit Card MasterCard Visa American Express

Card Number _____

Expiration Date _____ / _____

Cardholder's Name _____

You can also submit your information online or by mail.

Please mail checks and registration to:

Quality Physical Therapy

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Ph: 508-347-8141